

English Translation of YouTube video “Patrick Vladimir Ebenhöh - Der Sarg-Schläfer”

Patrick Vladimir Ebenhöh rises from his usual sleeping bag. He belongs to a so-called gothic group, people who are interested in the more morbid aspects of life. But the really special one is the 1.95 meters tall man who sleeps at night only in original coffins.

“I’ve already been sleeping in coffins for several years and I cannot imagine sleeping in a regular bed. To lie in a coffin always gives me a great feeling of security - it is very comfortable and I have no problems at all with my back because the coffin is well padded.”

Patrick’s unusual story began in 2005. He passed a carpenter’s workshop and saw a coffin in the shop window. “It had six fittings and had three handles on each side. It also had some carvings on the cover. It was love at first sight, I would say. Something just clicked and I was smitten.”

Patrick, then still a student, saved his money for months on end, took on a vacation job and finally purchased his first coffin with those savings, to the tune of 1200 Euros. In the meantime, he has added eleven additional coffins that he stored in a warehouse that he converted into a sort of crypt and he often sleeps there. The coffins are adequately ventilated, even with the lid closed.

(Pointing to a coffin, Patrick says ...) “This is my favorite coffin. It is the most comfortable one, with 2,20 meters in length, custom-made. Funeral homes sometimes have to order special longer coffins for unusually tall people. In fact, I am one of these taller persons and in this coffin, I can really stretch out and when I wake up in there I feel practically as if resurrected.”

Patrick buys his coffins at a local mortician. His most important criteria are: natural wood, a high lid and its equipment should be comfortable - nice and soft.

At least once a year, Patrick procures for himself a new coffin costing around 900 Euros but, as a VIP customer, he gets a decent discount of course because, after all, he is the firm’s only repeat customer.

(The funeral director says ...) “He comes in regularly, looks around, and always finds something to his taste and then he walks out with it.”

(Patrick says ...) “I really like this place. My heart sings when I see all these coffins lined up, and one is more beautiful than the next.”

For Patrick it is completely normal to sleep in a coffin, so much so that he has no reservations whatsoever. However, recently there have been complications. Patrick had the idea to simply sleep outside for once. So, he transported his coffin to the nearest parking lot and spent the night there until he was awakened to a surprise. (Patrick relates ...) “When I woke up, I heard two voices and I thought to myself that I probably needed to do something. When I opened the lid, I saw two police constables who were somewhat startled. One of them asked me whether I was OK and we soon clarified the situation.”

Patrick got a verbal admonition and had to promise that he would never again sleep in public places. That’s understandable because most people are afraid of the appearance and the unusual hobby of this 26-year old.

One of his few friends is Dino and he knows from experience that with Patrick you get noticed everywhere. (He says ...) “One day, when we were drinking coffee together and some older people passed by and they made some remarks, wondering what this is all about, because they don’t know any of this.”

Patrick is an employee of a large firm and works on the production line. As compensation, he often visits a cemetery. (Patrick says ...) “Because my everyday life is pretty stressful, it is in the graveyard where I can actually relax in peace.”

11:30 pm – and it is time for Patrick Ebenhöh to go to bed. This man, with one of the most unusual passions in all of Germany, closes the lid and sleeps where most people don’t ever want to go – in his coffin.

Source: <https://www.youtube.com/watch?v=WPf81auPxsU>