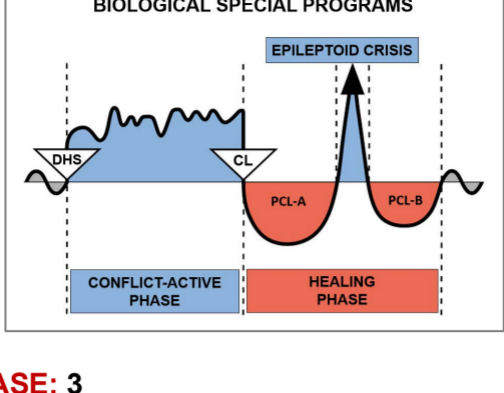


Case study by Kimberly Ismail



CASE: 3

DATE: November 2015

CLIENT: 50 year-old right-handed male

Subjective Complaint: The client complained of **pain on the right side of his right leg from his thigh to his ankle**. He was in pain for about 11 weeks and could not work since the pain was so severe, he eventually took disability leave. Medical tests/MRIs did not reveal any issue; therefore, he was told that his pain was due to diabetes since his blood sugar was high. The client was told to change his diet and was prescribed diabetes and pain medication which did not provide any relief. The client went to see a pain specialist where he was prescribed a stronger pain medication which provided some relief, but he was still in a lot of pain and not able to return to work. He did not want to continue taking the strong pain medication; therefore, sought alternative treatment for the pain in his leg.

Observation: The client was in a lot of pain and I could see the discomfort in his facial expressions and slow body movements. When asked the client to rate his pain on a scale from 1 to 10, 10 being most the painful, he responded 12+ (so bad that his pain was beyond 10). His wife was present, who stated that her husband was not the same person because he used to joke and was happy all the time. She was not used to seeing him this way and also wanted to know why he was suddenly in such pain without a recent injury.

Organs Affected: Bones

Embryonic germ layer: new mesoderm

Brain control center: cerebral medulla

GNM Explanation: The bones are linked to a “**severe self-devaluation conflict**” or “**loss of self-worth conflict**”. The femur and lower legs are linked to a **physical performance conflict**. During the **Conflict-Active Phase**, the affected bone decalcifies creating gaps and little holes in the bone. In the **Healing Phase**, the bone is reconstructed with callus produced by bone-building osteoblasts. When a bone heals, the swelling expands the periosteal layer covering the bone. The stretching of the periosteum causes considerable pain since the periosteum is endowed with highly sensitive nerves. The client is currently in a **Hanging Healing**. The conflict and **tracks** must be identified in order to complete the healing.

GNM Understanding: The client understood the GNM explanation and realized that he must have **reactivated** a self-devaluation conflict when passing the location where he was involved in an automobile accident approximately 15 years ago. The client and his wife had taken a drive along the countryside about 11 weeks ago. At a moment during their scenic drive, he pointed to a location on the side of the road and said to his wife, “*This is the location where I had the accident with my uncle.*” The pain in his leg became his self-devaluation **track** causing a **Hanging Healing**. In understanding the reason for his pain, the client was better able to tolerate it. In making the conscious connection that the pain in his right leg (leg use to drive) is related to the self-devaluation conflict track and that he is in healing, allowed him to rest and complete the healing.

Results: A week later during a follow-up session, the client’s pain had decreased and he felt much better, which showed in his face and body movements. He stated that his pain went down to a level 3 or 4 on the pain scale. I contacted the client about three months later. His pain had disappeared completely, he returned to work, and was off of disability. His wife stated that the he is back to normal and is happy to see his smile and hear him joking again.

For clarification of specific terms, please consult the English "Five Biological Laws" document

Source: www.LearningGNM.com

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DISCLAIMER: The information in this document does not replace professional medical advice.