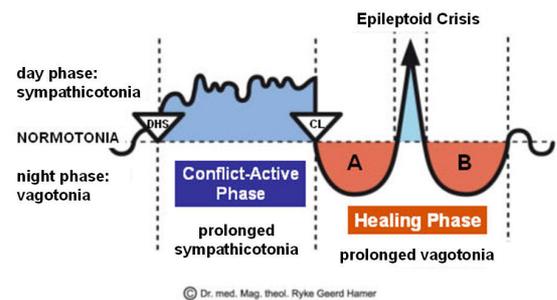




CASE STUDY # 92

DATE: February 2018

CLIENT: 21 year old right-handed male



Subjective Complaint: The client was seen in the clinic for other musculoskeletal symptoms over the years. He was curious about a GNM explanation for his **eczema** that is only **on the outside of both hands**. He reports that he first noticed it as dry hands at work about a year and a half ago. He states that slowly over time, the dry skin became a rash, itchiness and redness. He was eventually diagnosed with eczema and prescribed cortisone based creams which only provided temporary relief. The patient states that his rash would often come and go in the past year and a half. However, he seems to notice it more when he is at work or when he leaves work to come home. The rash does not affect his sleep and does not affect any other area of his body.

Observation: A skin rash with some redness was observed on the outside of both hands. It was also slightly warm to touch (see photo A).

Organs Affected: Epidermis (outer skin):

Embryonic Germ Layer: ectoderm

Brain Control Centre: cerebral cortex (sensory cortex)

GNM Explanation: The **epidermis** is related to a "**separation conflict**", experienced as "**wanting to separate**" or "**push someone away**", (because it's at the back of his hands). This Biological Special Program involves ulceration of the affected skin during the **Conflict Active Phase** and tissue refilling and restoration during the **Healing Phase** which is associated with itchiness, hypersensitivity and a rash. He is currently in a hanging healing with constant tracks/triggers. His original conflict (DHS) must be identified and brought to his awareness in order for his biological program (SBS) to be completed.

GNM Understanding: The client understood the GNM explanation and indicated that his separation conflict might be related to his boss at work who would often single him out and pick on him in front of the other workers (**his DHS**). This made him uncomfortable initially especially because he was new to the job and did not really like what he was doing. He recalls having many days where he felt uncomfortable when his boss would show up on site. However, he admits that recently they have become friends and that they actually hang out socially. This could explain why his rash continues to persist as becoming friends with his boss, who he originally wanted to separate from, could be a subconscious track/trigger.

The client was asked to make the connection that the rash on the back of his hands is related to wanting to separate from his boss at work. It was recommended that he work on changing his perspective of his boss and to remind himself that it was now safe to be around him. General

balancing techniques and chiropractic treatment were provided for his musculoskeletal complaints. He was asked to do a follow-up visit within a couple of weeks.

Results: The client returned to the clinic about 6 weeks later for other symptoms. He reported that his rash was better and even though it was still slightly there, it was not flaring up and becoming too itchy. He was not too concerned about the skin rash anymore and admitted to working on seeing his boss differently and acknowledging that his comments are never personal.

The client came back to the clinic almost 5 months later for a different complaint. He reported that he quit his job a few weeks after our last visit and that his skin symptoms improved almost immediately (see photo B). He felt that the skin rash was 100% improved and he wanted to spend time discussing other conflicts that were leading to different symptoms.

For clarification of specific terms, please visit the glossary or site search feature in our GNM website

Extracted from: www.LearningGNM.com



Photo B: 5 months later