CASE STUDY # 7

DATE: June 2009

CLIENT: 49 year old right-handed female

Subjective Complaint: Loss of voice and sore throat when she woke up Monday morning. Client reports that she was feeling okay enough to go to work but found it difficult to speak.

Observation: She presented with no clinical signs or symptoms of illness or fever, but with hoarseness of her voice and occasional clearing of her throat. She was having difficulty speaking and could softly whisper.

Organs Affected: Laryngeal mucosa
- Embryonic Germ Layer: ectoderm
- Brain Control Center: cerebral cortex (sensory cortex)

Upper 2/3 of the esophagus
- Embryonic Germ Layer: ectoderm
- Brain Control Center: cerebral cortex

GNM Explanation: Scare fright conflict triggered by unexpected danger causing ulceration of the laryngeal mucosa and vocal chords, along with a conflict of not wanting to swallow/accept “a morsel” (situation or event) causing ulceration in the upper esophagus. The client is currently in Phase A of healing a loss of voice, coughing and a sore throat as the ulcerated area is replenished with swelling in the larynx and the esophagus.

GNM Understanding: After discussing the conflict involved, the client mentioned that she had just returned from a weekend in New York City. She recalls that as she and her spouse arrived at their hotel, she was told that there was a bomb threat in the area and that their hotel fell within the perimeter that the police wanted to monitor (her DHS). She reports that they had to pass through a police blockade whenever they left and returned to their hotel room. She states that she felt “scared” all weekend and could not wait to return home that Sunday evening. She is currently in Phase A of healing as the conflict is resolved and she is no longer in the “scary” environment.

Results: The client understood the explanation and was told that she was already in healing and needed to just make the emotional connection of her symptoms to the scare of the weekend in order to allow the biological program (SBS) to be completed. She was recommended to rest as much as she could and to eat and drink fluids that would soothe her throat. She reported that after 4 days her voice returned to normal and the sore throat was gone.

For clarification of specific terms, visit the glossary or site search feature in our GNM website

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