

# Case study by Dr. Alvin De Leon



**CASE: 95**

**DATE:** November 2018

**CLIENT:** 57 year old right-handed female



**Subjective Complaint:** This case involves a discussion with a staff member in the clinic who wanted to know the GNM perspective of a recent diagnosis of “psoriatic arthritis”. She mentioned that she began to have right hand pain last December that seemed to come out of nowhere. She indicates that the pain gradually became worse in the coming months, and that her left hand and her knees also started to become painful. However, she noticed that while on vacation in Europe in August, she did not experience any pain at all. Upon returning home in September, the hand and knee pain had become more intense and constant. She states that after seeing her family doctor she was diagnosed with psoriatic arthritis. When I questioned her about a rash, she reported that she did have a mild rash in the past, but that she no longer presented with it. She reports going to a naturopath and energy medicine practitioner and also doing nutritional changes with only mild and temporary improvement. She wanted to know what the potential conflict shock was related to the pain in her hands and knees.

**Observation:** Upon observation, her right hand appeared to be slightly inflamed and swollen. She reported that there was some pain in her hands and knees but not as bad as when she wakes up in the morning or a few weeks ago after dinner at her sister’s house.

**Organs Affected: Right hand and finger bones and joints**

**Embryonic germ layer:** new mesoderm

**Brain control center:** cerebral medulla

**Organs Affected: Bilateral knee bones and joints**

**Embryonic germ layer:** new mesoderm

**Brain control center:** cerebral medulla

**GNM Explanation:** Right hand and finger pain: severe dexterity self-devaluation conflict experienced as “failure in a manual task” or a “poor manual performance” in relation to a partner (because she is right-handed). Bilateral knee pain: severe physical performance devaluation conflict experienced as “failure to perform a task well while on her knees” or “not being fast enough to perform a task with her knees”. These Biological Special Programs cause decalcification (osteolysis) of the affected bones of the hand, fingers and knees during the **Conflict-Active Phase**. During the **Healing Phase**, the bone loss is reconstructed with callous formation causing inflammation in the affected area and subsequent pain. The biological purpose of these Biological Special Programs is to strengthen the bones and joints of the hand, fingers and knees in order to improve manual and physical performance. The client is currently in a **Hanging Healing** with potential **tracks** and triggers. The original conflict must be identified and brought to her awareness in order for her to complete the healing.

**GNM Understanding:** She understood the GNM explanation and reported that her conflict might be related to her dog's (her best buddy) declining health since last December. She reports seeing him vomiting and losing control of his bladder and bowel movements which needed to be constantly cleaned up. She indicates that she didn't realize how serious his health was declining until she began to come home to the smell and sight of vomit and diarrhea almost daily. This prompted her to feel that she was not fast enough to clean up after her dog (**her DHS**). She states that after taking the dog to the veterinarian, she was prepared for her 17 year old dog's last few days. But her source of stress was the need to be constantly cleaning up after him which involved being on her hands and knees. She states that when she wakes up in the morning or when she arrives home from being out, her first thought is to see where the dog made a mess and if she would have to clean it up. She recalls taking her dog to her sister's house for dinner a few weeks ago. She indicates that she was really anxious and stressed about the dog making a mess at her sister's home, which could explain her most recent flare up of symptoms later that evening.

She was asked to consciously connect that the pain in her hands and knees was related to her inability to be fast enough to clean up after her dog. It was recommended that she work on changing her perspective regarding cleaning up after her dog, that it was okay if she did not get to the mess immediately because ultimately it would be cleaned up. She was asked to let me know in a week if there were any changes to her symptoms.

**Results:** I reached out to her 2 weeks later to see how her hands and knees were doing. She messaged me that "my dog is worse, but I've learned to let the accidents go, which improved my hands and knees about 85%". She reported having other symptoms that she asked about but was very pleased at the significant reduction in her hand and knee pain.

*For clarification of specific terms, please consult the English "Five Biological Laws" document*

**Source:** [www.LearningGNM.com](http://www.LearningGNM.com)