

# Case study by Dr. Alvin De Leon



**CASE: 70**

**DATE:** October 2017

**CLIENT:** 55 year old right-handed female  
with normal hormone status



**Subjective Complaint:** The client was coming to the clinic for musculoskeletal symptoms, but wanted to know the GNM explanation of her recent **vomiting and nausea** episodes. She indicates that she had a vomiting episode 3 weeks ago, which included cold chills, nausea and then fatigue. She claims that she did not eat anything out of the ordinary that could have caused her symptoms. She reports that since that vomiting episode, she still experiences daily nausea and fatigue, which is worse in the mornings when she first wakes up. When questioned about her symptoms, she claims she is not experiencing any night sweats. However, she admits she is afraid that she will vomit again and is now very sensitive to certain foods and smells, causing some anxiety around eating. The client is knowledgeable about GNM and thought her conflict was related to not wanting to take the subway downtown, while her sister-in-law was visiting a few weeks ago. However, she did not have any changes in her symptoms and would like some clarity on what conflict is related to her symptoms.

**Observation:** The client was assessed for her musculoskeletal complaints. She did complain of mild abdominal discomfort while in the clinic but with no nausea.

**Organs Affected: Stomach (small curvature)**

**Embryonic germ layer:** ectoderm

**Brain control center:** right temporal lobe

**GNM Explanation: Vomiting and nausea: a territorial anger conflict or anything upsetting related to her domain or her territory.** This Biological Special Program (SBS) involves ulceration of the small curvature of the stomach during the **Conflict-Active Phase** and tissue refilling and restoration during the **Healing Phase**. The biological purpose of the cell loss is to widen the passageway of the digestive tract so that the nutrients can be utilized more efficiently. During the **Epileptoid Crisis**, the person can experience sharp pain, cramps and vomiting. It appears that the client experienced an Epileptoid Crisis 3 weeks ago, and is currently in the Healing Phase (**Hanging Healing**) which involves nausea and fatigue. Her original conflict (DHS) must be identified and brought to her awareness in order for the SBS to be completed.

**GNM Understanding:** The client understood the GNM explanation and reported that her territorial anger may be related to a past incident involving her sister-in-law. She states that she was previously best friends with her sister-in-law, but that they had a falling out and did not speak to each other for many years (**her DHS**). She admits that although they were cordial, things were never the same since the incident. She now recalls that when her sister-in-law visited about 3 weeks ago, they spent hours talking and catching up, which made her feel connected to her again, and that things were like old times. She states that perhaps she may have had her vomiting episode the next morning. She now realizes that her visit may have resolved the territorial anger she's had about their relationship. She was asked to make the conscious connection that her symptoms are related to the reconnection with her sister-in-law and not the food she was eating. It was recommended that she remind herself that it was safe to eat and smell food again and that the issue is now resolved. General balancing techniques and chiropractic treatment was also provided for her other complaints. She was asked to do a follow up visit within a couple of weeks.

**Results:** The client sent me an email one week later stating that she felt better immediately after our session. She wrote that the next morning she woke up with no nausea for the first time in weeks and that it has not returned since. The client returned to the clinic two months later for another complaint and reported no longer having any nausea or digestive issues.

*For clarification of specific terms, please consult the English "Five Biological Laws" document*

**Source:** [www.LearningGNM.com](http://www.LearningGNM.com)