

# Case study by Dr. Alvin De Leon



**CASE:** 36

**DATE:** July 2013

**CLIENT:** 26 year old left-handed female



**Subjective Complaint:** Numbness of her right pinky finger for about 2-3 weeks. The client reports that the numbness came out of nowhere and seems to come and go daily for the past few weeks. She indicates that her finger is not painful and does not prevent her from doing any activities.

**Observation:** The client presented with full spine joint restrictions and muscular tension in her neck musculature (she was also complaining of neck pain). However, she presented with full range of motion in her hands and fingers with no pain. She reported that her right pinky finger was numb during the visit.

**Organs Affected:** Periosteum

**Embryonic germ layer:** ectoderm

**Brain control center:** cerebral cortex (post-sensory cortex)

**GNM Explanation:** The biological conflict associated with the periosteum is a severe separation conflict, or a fear of a severe separation. There is hypersensitivity and pain during the **Conflict-Active Phase** and hyposensitivity or numbness during the **Healing Phase**. The numbness indicates that the person is now in healing. However, she may be in a **Hanging Healing** as the numbness is persisting. It is important for the client to identify her conflict in order to complete the Biological Special Program and relieve her symptoms.

**GNM Understanding:** The client reported that she believes her fear of separation may be related to her work. She indicates that she recently received a promotion and was very happy to be moving up in the company. However, a few weeks ago, she recalls having made an error of not saving/backing up a project on the computer that she was working on. She admits being reprimanded for the error by her supervisor and states that she was very worried that she might lose her job (**her DHS**). The reason this fear of separation affected her right pinky finger is because that's the finger she uses to press "enter" on the keyboard, which she admits she didn't press when it came to saving her work. She must have associated her right pinky finger with the fear of losing her job. She may have entered the healing phase once she realized she was not going to lose her job for the error.

**Results:** The client understood the Biological Special Program and was recommended to make the emotional connection of her finger's numbness and her fear of losing her job a few weeks ago. She was asked to remind herself that she was safe to go to work and to use the keyboard without any worries. A follow up visit one week later revealed that she was no longer having numbness in her finger. She reported that two days after her initial visit, her finger numbness subsided and was no longer a problem. In a second follow up visit two weeks later, she continued to be symptom free.

*For clarification of specific terms, please consult the English "Five Biological Laws" document*

**Source:** [www.LearningGNM.com](http://www.LearningGNM.com)