

# Case study by Dr. Alvin De Leon



**CASE:** 17

**DATE:** May 2011

**CLIENT:** 49 year old right-handed female



**Subjective Complaint:** The client presented with a **sore throat, persistent cough with phlegm, slight fever and general fatigue**. She reports that the symptoms began five days ago and 3 days ago she was diagnosed in a walk-in clinic with **bronchitis** and given antibiotics.

**Observation:** The client was observed to be lethargic, fatigued and with a slight temperature. She also presented with a “phlegmy” cough coming from her chest.

**Organs Affected:** **Bronchial mucosa**

**Embryonic germ layer:** ectoderm

**Brain control center:** right temporal lobe (sensory cortex)

**Organs Affected:** **Upper 2/3 of esophagus**

**Embryonic germ layer:** ectoderm

**Brain control center:** cerebral cortex

**GNM Explanation:** **Bronchial mucosa: territorial fear conflict (fear within the domain)** causing ulceration of the bronchial mucosa during the **Conflict-Active Phase**. The biological purpose of the ulceration is to widen the bronchus allowing more oxygen intake, which provides the organism with more energy to avert the danger within the domain. During the **Healing Phase**, the ulcerated area is replenished with painful swelling also present. **Upper 2/3 of esophagus/sore throat is related to a conflict of not wanting to “swallow” or accept a “morsel” (situation or event)**. The client is currently already in the Healing Phase and will need to identify the original conflict (DHS) in order to complete the Biological Special Program and avoid any relapses with **tracks**.

**GNM Understanding:** The client understood the explanation and recognized that her conflict was related to her new work place (= her domain), which she has only started one month ago. She recalls that about 2 weeks ago, her boss was yelling and humiliating a co-worker who made an error at work. She reports that in the short time she was working for the company, she had never seen that side of her boss before and was shocked at how he handled the situation (**her DHS**). She reports that she had become very nervous at work since that incident, especially after seeing how her boss treated someone who made a mistake. She states that she felt that she was tip-toeing at work, worried that she may “rub her boss the wrong way”. The client reports that 5 days ago, her boss pulled her aside to tell her how happy he was with her work and how he was going to reward her with more hours. She states that she understood this gesture as being in her boss’ “good side” – which was the resolution of her “territorial scare conflict”. She recalls that that day she felt general fatigue and had a sore throat; she had to leave work early and was barely able to drive home. That night she had a severe cough and fever and was

bedridden for the next 3 days with bronchitis. The client understood the GNM explanation and was glad she was in healing.

**Results:** The client was encouraged to make the emotional connection of her symptoms to the week of fear she had at work and witnessing her co-worker being yelled at which was hard to accept or swallow. She was also reminded that she was now in the process of finishing the SBS program. General balancing techniques, spinal alignments and chest percussions were done to help give her some relief. After getting in touch with the client a week later, she reported that her symptoms resolved completely within 3 days after our visit.

*For clarification of specific terms, please consult the English "Five Biological Laws" document*

**Source:** [www.LearningGNM.com](http://www.LearningGNM.com)