

# Case study by Dr. Alvin De Leon



**CASE: 9**

**DATE:** February 2011

**CLIENT:** 53 year old right-handed male



**Subjective Complaint:** Left shoulder, left neck and left face pain that started two weeks ago and has been constant since. The client reports that the symptoms are worse in the morning and less intense during the day.

**Observation:** The client presented with decreased range of motion in his neck with extension, right lateral bending and left rotation with pain on the left neck. Shoulder range of motion was within normal limits with left shoulder pain at end range. He also presented with multiple joint restrictions in his neck and upper back area, as well as with tenderness to palpation of his left neck and upper back muscles.

**Organs Affected:** Muscles of the left shoulder and left side of the neck

**Embryonic germ layer:** new mesoderm

**Brain control center:** cerebral medulla

**Organs Affected:** Periosteum of left facial bones

**Embryonic germ layer:** ectoderm

**Brain control center:** cerebral cortex (post-sensory cortex)

**GNM Explanation:** Shoulder: loss of self-respect related to a mother/child-conflict causing necrosis of striated musculature in the left shoulder. Neck: medium intellectual self-devaluation conflict in relation to mother/child causing muscle tissue loss (necrosis) of striated muscles on the left side of the neck. Periosteum of facial bones: severe fear of separation or wanting to separate in relation to mother/child causing functional changes or hypersensitivity of the facial bones on the left side during the **Conflict-Active Phase**. The client is currently in **Hanging Healing** as he reports that the neck, shoulder and facial pain is worse in the morning and at night, but is manageable during the day while he is at work. His **tracks/triggers** must be identified and brought to his awareness in order to help him complete the healing process.

**GNM Understanding:** After discussing the conflict involved, the client reported that his mother went away on a vacation for two weeks. He states that while she was away, he decided to fix the broken window in her truck as well as cleaning and servicing the truck. He recalls that when she returned from her trip two weeks ago, he was upset that she did not acknowledge, thank him or even mention anything regarding the work he did on the truck (**his DHS**). He admits that he felt hurt (track affecting neck muscles) and decided to “distance” himself (track affecting facial pain) from his mother for the next few days in order to not become more upset. He reports that every morning since, he would wake up feeling guilty at not having called his mother (a track affecting the shoulder), but as the day would go on he would become busy with work and not call her. At night as he comes home, he has similar feelings about calling but decides not to call her. He admits that he has not spoken to his mother for almost 2 weeks now.

**Results:** The client understood the explanation and decided that he was going to put the whole incident behind him and not let his mother get to him. He reported that he decided to finally call his mother and was surprised at how pleasant she was over the phone and even invited his family over for dinner. On a follow-up visit one week later, he reported a significant decrease in his neck and shoulder pain and no more facial pain. He indicated that he was feeling 85% better.

*For clarification of specific terms, please consult the English “Five Biological Laws” document*

**Source:** [www.LearningGNM.com](http://www.LearningGNM.com)