

Case study by Dr. Alvin De Leon



CASE: 3

DATE: August 2010

CLIENT: 37 year old right-handed male



Subjective Complaint: Right neck and right shoulder blade pain for one week with no mechanism of injury. Pain seems to come and go but with no physical aggravation.

Observation: The client presented with full neck and shoulder ranges of motion but with right neck and right shoulder pain at end range. Palpation revealed tension and trigger points in the muscles along the right neck (cervical paraspinal muscles) and his right shoulder (rotator cuff muscles).

Organs Affected: Muscles along the right side of the neck and right shoulder rotator cuff muscles

Embryonic germ layer: new mesoderm

Brain control center: cerebral medulla

GNM Explanation: Neck: moderate intellectual self-devaluation conflict in relation to a “partner” causing muscle tissue loss (necrosis) of striated muscles on the right side of the neck. Shoulder: loss of self-respect regarding a relationship in relation to a partner causing necrosis of striated muscles on the right shoulder. Currently in **Hanging Healing** as he reports that pain comes and goes and is worse on certain days compared to others. He is on a **track** which must be identified and brought to his awareness in order to help complete the healing.

GNM Understanding: After discussing the conflict involved, the client mentioned that a few weeks ago he was involved in a fender bender in his work parking lot. He states that he accidentally hit a co-worker’s car that was parked in the parking lot as he was leaving to go home (**his DHS**). He indicates that he told his co-worker what had happened and decided that he would help pay her for the cost of repairing the minor damage to her car. He now recalls that his symptoms feel worse whenever he is at work (**his track**) and that they seem to be gone when he is not at work. He also reports that he does feel guilty (right shoulder pain) regarding the whole incident and sometimes tries to avoid the co-worker in order to not be reminded about the accident. He also states that he felt he was being taken advantage of as the co-worker wanted him to pay her cash and that she would go and get the repairs done herself instead of giving him the invoice for the repairs. He indicates feeling that she would only take the cash and not actually do the repairs to the car (neck pain). The client was told how his work, the parking lot and his co-worker may all be potential tracks that are interrupting the Biological Special Program from completing the Healing Phase.

Results: The client was able to make the connection with the GNM explanation and reported that he would no longer delay giving his co-worker the money and would just like to put the whole incident behind him and move forward. He is currently in Phase A of healing which is being interrupted by his tracks. Energy balancing and muscle work was performed to help give him some relief from his symptoms. Upon follow-up he reported that after paying her co-worker and putting the whole situation behind him, the symptoms have stopped. He reported in another session that he continues to be pain free even one month later.

For clarification of specific terms, please consult the English "Five Biological Laws" document

Source: www.LearningGNM.com