



HEART ATTACK

anonymous

August 14, 2009

"Your website saved my mother's life"

Hi Caroline,

I wish to share with you an experience of mine. You may use it in any way you like, however I would prefer that my name be not included. I haven't even told my own family who the person is that I saved.

About a year and a half ago, I was visiting my mother, 87 years of age. We were talking about old times and the subject came up that she was always ready for a fight to defend her integrity. She said, "That is kind of dumb, I don't have to be that way anymore".

She then began complaining that her left arm was hurting, then pain spread up to her jaw and chest. A heart attack!

I asked her if she felt any pain in her head. She affirmed on the right side above the ear.

I ran to the freezer and grabbed a pack of frozen fish and held it against the right side above the ear.

She went into shock. Meanwhile I wanted to call 911 but she refused to go to the hospital. She said she wanted to die at home. I thought to myself, "Hamer had better be right about this!"

In about 3 or 4 minutes she sat up straight and said she was feeling better. I continued to hold the ice to her head for another 15 minutes. After this it was as if nothing had happened. In fact she said that she felt much better than before the heart attack.

I then fixed her a cup of black tea, and cooled it off with ice cubes. Afterward, I went into shock. I was thinking about what could have gone wrong; my own mother could have died. What if Dr. Hamer was wrong?

It has been a year and a half now, and she has had no further heart problems.

I'm CPR certified, but no amount of CPR or defibrillators would have saved her had the swelling not gone down in the brain. Speaking with my CPR instructor he said that CPR

saves about 1 in 10 heart attack victims. Perhaps CPR really doesn't save anybody?
Perhaps the brain swelling would have diminished anyways in these cases?

Your website saved my mother's life. Thank you.

Extract from: <http://LearningGNM.com>

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