



ATHLETE'S FOOT

by B.E.

April 2, 2009

"... I was sure that my socks stink"

I am 44 years old and left-handed. 22 years ago, I got Athlete's Foot* between the fourth and fifth toes. At that time, I did not yet know the connection to GNM and could not fathom the reason.

The Athlete's Foot appeared after I had returned home from a long train-trip from Spain.

I have always been very fussy about personal hygiene, because I cannot stand smelling stinky. On that particular trip - I remember it exactly - I had to wear my last pair of socks for several days in a row. I felt most uncomfortable about it. I was sure that my socks stink (= "Feeling-Soiled Conflict") and my fellow travelers would smell them.

Ever since that event, it has been my compulsion to put on fresh socks every day. If I stick to that, I have absolutely no problems with Athlete's Foot. In swimming pools and saunas, I am always barefoot, but I have never yet gotten the fungus. You could say that – through rigorous "Fresh Sock Therapy" – I have no Athlete's Foot all year.

However, last week a new track appeared. I train regularly in a fitness-studio, where I always use a special kind of gym-sock. I had forgotten to bring it this time and was therefore forced to train in my regular socks. I felt very apprehensive about that, since it is a firm rule in the studio to wear closed runners. I imagined looks of disgust behind my back from others exercisers upon seeing me in street-socks that I had been wearing all day long!

Four days later a strong case of Athlete's Foot appeared between my LEFT fourth and fifth toes (partner side), and I was not at all surprised.

Thank you, Dr. Hamer, for GNM!

B.E.

* Athlete's Foot is a so-called "Hanging Healing" of a "Feeling-Soiled"-conflict (coming in contact with something repellent), involving the corium skin (the skin layer underneath the epidermis).

Translated from the German original by Caroline Markolin, Ph.D.

Extract from <http://LearningGNM.com>

Disclaimer: The information in this testimonial does not replace professional medical advice