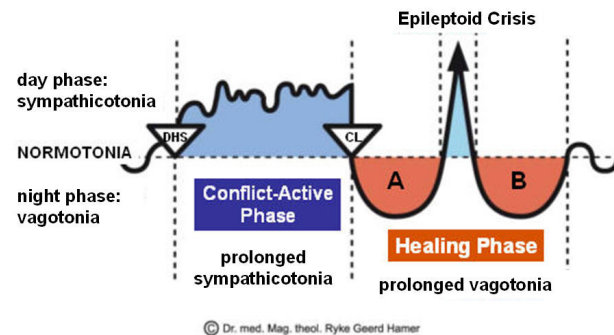




CASE STUDY 62



DATE: October, 2015

PATIENT: 41 year old left-handed female (This is not a client but an observation of symptoms that my wife Annamaria presented with, which exemplifies the GNM perspective of a skin rash)

Subjective Complaint: A skin rash on the inside (bend) of her left elbow, which appeared while we were cleaning up in the clinic after a live GNM presentation.

Observation: The skin rash was first observed as Annamaria began to feel itchiness on the inside of her left elbow. The rash was red and warm to touch, and was confined only to that specific area of the left elbow.

Organs Affected: Epidermis (outer skin):

Embryonic Germ Layer: ectoderm

Brain Control Centre: cerebral cortex (sensory cortex)

GNM Explanation: The epidermis is related to a "separation conflict", experienced as "wanting to separate" or a "fear of separation". This Biological Special Program (SBS) involves ulceration of the affected skin during the **Conflict Active Phase** and tissue restoration during the **Healing Phase** which presents as itchiness, hypersensitivity and a rash. The inside of the left elbow indicates "not wanting to separate" or a "fear of separation" from a partner (because she is biologically left-handed). She must have only recently entered the healing phase as she had no prior history of a skin rash in that area.

GNM Understanding: Annamaria and I quickly recognized the original conflict that led to her symptoms. Earlier that afternoon (about ninety minutes before the rash showed up), I was giving a GNM presentation in the clinic. The presentation was interrupted by yelling and shouting that came from the front of the office at the reception desk. When I stopped the presentation to check in on what was going on, I noticed Annamaria talking to an elderly gentleman who did not seem happy and was waving his cane in front of her. The gentleman was very angry and upset that Annamaria was not giving him back his car keys. He was now yelling that he wanted his keys back so he could go home. I was trying to calm him down while Annamaria was speaking to the police on the phone.

Apparently, the gentleman was lost and confused and walked in to the clinic for help. He was not sure where he was going and gave Annamaria his keys so she could help him find his car in the parking lot. Annamaria became very concerned about his confusion as he was not able to tell her where he lived and how he ended up in the building. She determined that he was not fit to drive and decided not to allow him to get in his car once they finally found it. She indicated that she tried to call his wife who said no one was available to pick him up. This was when Annamaria decided to call the police in order to escort him home. It was during this phone call that the gentleman became agitated and angry and wanted to get his keys back so he could leave (**her DHS**). We had to get him calmed down as he threatened to hit us with his cane unless we gave him back his keys. After a few minutes, the police arrived and Annamaria began to fill them in on the situation and I was able to return to my presentation.

It was ironic that during the presentation, I mentioned that this event was a potential DHS that could lead to a symptom when it was resolved. It was approximately ninety minutes later, while we were cleaning up the room, that Annamaria resolved the conflict and her symptom showed up. It was interesting to note that her rash presented on the inside of her left elbow (“not wanting to separate”) and not on the outside (which is associated with “wanting to separate” or “get away from me”). As we discussed the Biological Program and her psyche’s interpretation of the unexpected event, Annamaria admitted her concern for the gentleman and that she made it her priority to not let him leave. She claims that she wanted to “hold on to him” until the police arrived because of her concern for his safety or the safety of the public if he attempted to drive home.

Results: After being aware of the connection between her sudden rash and the resolution of the incident regarding the elderly gentleman, the rash disappeared completely in less than an hour. Annamaria has not had a skin rash again since that incident. This is just another great example of how the knowledge of GNM provides us the opportunity to observe Significant Biological Programs in our daily lives, without any fear or panic.

For clarification of specific terms, please visit the glossary or site search feature in our GNM website

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