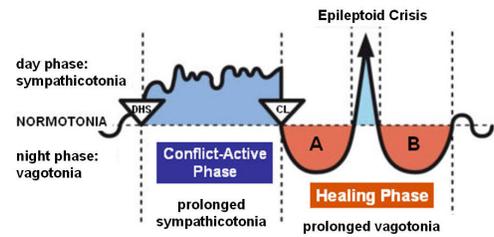




## CASE STUDY # 6

**DATE:** April 2010

**CLIENT:** 20 year old left-handed female



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**Subjective Complaint:** **Sore throat, cough for a few days, and a fever.** She indicates that the symptoms began 4 days ago on a Friday. She reports that it began as a sore throat and later progressed to a cough with a fever and generalized fatigue.

**Observation:** Client presented with slight fever, fatigue and constant cough.

**Organs affected:** **Bronchial mucosa and upper 2/3 of esophagus**

Embryonic Germ layer: ectoderm

Brain Control center: cerebral cortex (sensory cortex)

**GNM Explanation:** **Constant cough** is related to a **scare-fright conflict**. During the healing phase, the ulcerated bronchial lining is replenished typically accompanied with coughing, fatigue and fever. A **sore throat** is related to the **conflict of not wanting to swallow/accept “a morsel” (situation or an event)**. During the healing phase the ulceration of the upper part of the esophagus is replenished which causes a sore throat and swelling.

**GNM Understanding:** After discussing the conflicts involved, the client mentioned that she was working on a school portfolio project which was due last Friday. She indicates that on Tuesday of the same week, she was working on her portfolio when her computer crashed and she thought she lost all of her work (**her DHS**). She states that she began to panic that she may not be able to hand the work in on time. However, a couple of days later she was able to recover her work and to courier the portfolio in time. It was on Friday after the **conflict was resolved**, that her symptoms first appeared.

**Results:** The client was able to make the connection with the GNM explanation that she was actually already in the healing phase of a Biological Special Program (SBS) that was triggered by the unexpected shock of fearing she lost her work and that it would not be handed in on time (which was “hard to swallow”)

*For clarification of specific terms, visit the glossary or site search feature in our GNM website*

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