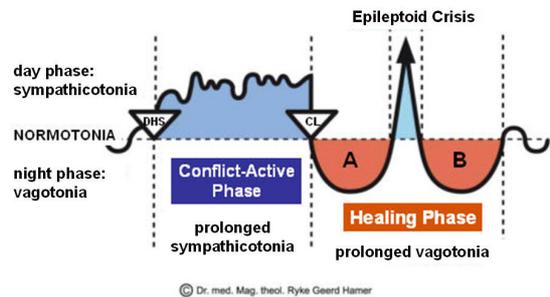


G N M™ **CASE STUDY # 40**

DATE: March 2013

CLIENT: 60 year old right -handed male



Subjective Complaint: Rash on the upper back and on the outside of his right forearm. The client reports that the rash began about 4-5 weeks ago but has been a lot worse in the past two weeks. He admits that the itchiness seems to be worse when he is inside the house and not as bad when he is out during the day. The client states that he is not taking any medications or using creams, but instead started taking homeopathic remedies in the past week. He indicates that he learned about GNM a few years ago and was curious as to the GNM explanation for his rash.

Observation: Redness and a rash were observed on his right forearm and also in a region of his upper back only. The rest of his body had no rash at all (see attached Photos 1 & 2)

Organs Affected:

Epidermis (outer skin)

Embryonic Germ Layer: ectoderm

Brain Control Center: cerebral cortex (sensory cortex)

GNM Explanation: The epidermis is related to a "separation conflict" or a "wanting to separate conflict". This Biological Special Program involves ulceration of the affected skin during the Conflict Active Phase and tissue refilling and restoration during the **Healing Phase which is associated with itchiness, hypersensitivity and a rash**. The outer part of the right forearm indicates "wanting to separate" from a partner, whom he must also associate with his upper back. The client is currently in a hanging healing with something in his home being a "**track**" or trigger for the symptoms.

The original conflict and any other tracks must be identified and brought to his awareness in order for the SBS to be completed.

GNM Understanding: The client realized that his conflict is related to his current girlfriend who he lives with, in her apartment. He admits that the relationship has been very unstable lately, especially as she began to take out a lot of her frustrations on him. He indicates that he was particularly upset at how she treats his children and was on the verge of wanting to move out. However, his real shock came when he visited a psychic about two months ago. He reports that the psychic was telling him some very compelling and accurate information about his life. However, he was most surprised when the psychic told him that not only did his late father want him to move out of his girlfriend's apartment, but that his girlfriend also wanted him to move out but didn't want to tell him (**his DHS**). He couldn't believe that his girlfriend deep down (according to the psychic) also wanted him to leave. He recalls feeling very different about the relationship after that session. He admits that since then, every time

he would have physical contact with his girlfriend, he felt disconnected. He states that he had also made up his mind he would finally leave her. The client now remembered that his girlfriend would often rub his upper back when they would sit together, which is why he also developed a rash in that area of the body. He now understood why his symptoms were always worse at home in her presence, as they would often have daily disagreements and arguments.

Results: The client understood his Biological Special Program and decided that he would soon move out after finalizing a job offer he was waiting for. In the meantime, he indicated that he would work on changing his perspective of the relationship and really minimize any potential conflicts or arguments. He admits that he has been doing a lot of meditation and self-reflection lately, and so he felt confident in his ability to shift his perspective.

During a follow up visit 2 weeks later, he reported feeling less itchiness with some improvement of his rash after our last visit. He indicated that he talked openly with his girlfriend about how he felt, but also that he understood the reality of the situation, that he would not be able to move out until his job was secured. He stated that he now feels emotionally detached from his partner and realized that she was a trigger/ track for him. He gave an example of being out to dinner with his kids and his ex-wife and how his forearm began to get really itchy when they asked about his girlfriend. He admitted that his skin rash looked a little worse during the second visit due to triggers at home in the previous few days (see Photos 3 & 4).

In a follow up email 6 weeks later, the client wrote that he had finally secured a job and that he also got his own apartment, which he was to move in to in a few days. He indicated that his skin was now 95% improved! He believed the skin improved immediately after he signed the rental agreement to his new apartment.

About 3 weeks after the email, the client had another follow up visit in the clinic. His skin showed significant improvement (see photos 5 & 6). The client reported that he was very pleased with his ability to understand and handle the Biological Program. He was now living in his own apartment and working again. The relationship was now over, and his skin was back to normal, but he admits that he continues to watch for tracks whenever he does feel some mild itchiness.

For clarification of specific terms, please visit the glossary or site search feature in our GNM website

Extracted from: www.LearningGNM.com

PHOTO 1: Initial visit (upper back)



PHOTO 2: Initial visit (Right forearm)



PHOTO 3: Follow-up visit, 2 weeks later



PHOTO 4: Follow-up visit, 2 weeks later



PHOTO 5: Second follow-up visit, 3 months from the first visit



PHOTO 6: Second follow-up visit, 3 months from the first visit

