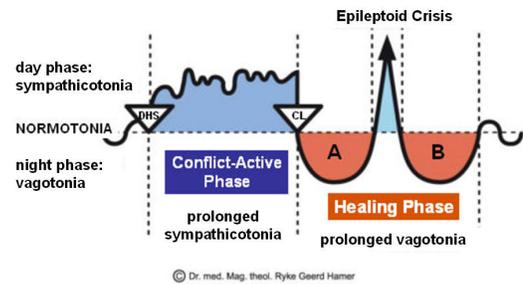




## CASE STUDY # 2

**DATE:** October 2010

**CLIENT:** 36 year old left-handed female



**Subjective Complaint:** Vomiting, diarrhea, cramping, fever, generalized sickness. Client reports that she began to feel “sick” after coming home from an indoor soccer game on Thursday evening. She indicates that she felt fine during the game and earlier that day, but that after the game she began to feel nauseous. She reports that she ended up with severe diarrhea and vomiting that evening and spent most of the night in the washroom. She indicates that the next day was more of the same and her whole body felt sore and achy, with a slight fever. She reports feeling like it was food poisoning.

**Observation:** She presented very lethargic, with low energy and was visibly very sick with a slight fever. She reported nausea and wanted to lie down to rest and sleep.

**Organs affected:** Stomach and small intestine  
Embryonic Germ Layer: endoderm  
Brain Control Center: brainstem

**GNM Explanation:** Conflict of not being able to digest a “morsel”; an indigestible anger conflict. Currently in Phase A of healing = pain, diarrhea, vomiting, fever. The meaning of this Biological Special Program (SBS) is to increase the digestive-juices-producing cells in the stomach and small intestine in order to better absorb and digest the “indigestible anger”.

**GNM Understanding:** After discussing the conflict involved, the client mentioned that during the summer, she was playing with a soccer team that was to travel to British Columbia to represent Ontario in a Canadian championship tournament. She states that prior to their critical playoff game, which would determine whether they would go on to represent the province in the Canadian championships, she decided she would not be traveling with the team should they qualify for the finals in British Columbia due to the recent birth of her daughter. However, she told the team that she would be happy to play with them in the playoff game to help them to qualify.

When the day of the playoff arrived (about 2 months ago), she was very excited to play and invited her family and friends to come out and attend the game in a neighboring city. She reports that she is normally a starter on the team, but was very shocked and upset during the playoff game when she was not played at all, without being notified by the coach that this was going to happen (**her DHS**). She recalls being extremely angry and hurt especially since she invited family and friends to attend a game that she did not end up playing in. She states that she walked off the field near the end of the game and voiced her displeasure and anger with the coach of the team. She indicates feeling very upset for several days afterwards and vowed to never play with the team again.

On the Thursday night when she became “sick”, the client mentioned that she was asked by her new indoor soccer team to play for them in the following summer. She indicates that she must have interpreted that invitation as the **resolution to her indigestible anger** with her old team, as she now had a new team to play for next season. It was when she arrived home that evening excited to tell her spouse the news that her symptoms began to appear.

**Results:** The client understood the fact that she was currently already in Phase A of healing and very close to Phase B. She was recommended to eat plenty of protein to replenish what she was losing through the vomiting and diarrhea and also to give her energy during her recovery. She felt relieved that there was an explanation for her “illness” and reported afterward that she was “feeling back to normal” and symptom-free 3-4 days after making the emotional connection to her symptoms. It was noted that the duration of her conflict activity (2 months) explained the length of time it took for her body to undergo the healing phase (5-6 days).

*For clarification of specific terms, please visit the glossary or site search feature in our GNM website*

**Extracted from: [www.LearningGNM.com](http://www.LearningGNM.com)**